

Chat GPT Generated OT Goals for Pediatric Fine Motor Skills

Patient will improve hand-eye coordination for playing catch by catching a small ball with both hands 8/10 trials with minimal assist within 6 months.

Patient will enhance bilateral coordination for scissor skills by cutting along a straight line to create a craft project, completing 7/10 trials with moderate assist within 6 months.

Patient will develop fine motor precision for handwriting by tracing within the lines of a given shape or letter 9/10 trials with minimal assist within 6 months.

Patient will strengthen hand and finger muscles for self-care activities by squeezing a stress ball for 30 seconds, completing 8/10 trials with minimal assist within 6 months.

Patient will improve finger dexterity for fine motor tasks by picking up and placing small objects (e.g., beads) into a container using a pincer grasp, completing 6/10 trials with maximal assist within 6 months.

Patient will enhance grasp patterns for handwriting tasks by holding a pencil using a tripod grasp during writing activities for 10 minutes with minimal assist within 6 months.

Patient will foster scissor skills for arts and crafts by cutting out simple shapes along a designated line, completing 9/10 trials with minimal assist within 6 months.

Patient will develop pencil control for handwriting and drawing by tracing over dotted lines to form letters or shapes in 7/10 trials with moderate assist within 6 months.

Patient will enhance hand strength and endurance for written communication by writing a paragraph for 10 minutes without experiencing significant fatigue, completing 5/10 trials with maximal assist within 6 months.

Patient will promote independence in self-care tasks by independently buttoning and unbuttoning a shirt in 8/10 trials with minimal assist within 6 months.

Patient will improve manipulation of small objects for play and self-care by stringing beads onto a string in 7/10 trials with moderate assist within 6 months.

Patient will enhance hand coordination for building and construction play by using a pincer grasp to build a tower of blocks, completing 6/10 trials with minimal assist within 6 months.

Patient will develop finger isolation for keyboarding skills by pressing individual keys on a keyboard without striking neighboring keys in 8/10 trials with minimal assist within 6 months.

Patient will enhance hand and arm stability for arts and crafts by maintaining a steady hand while coloring within the lines of a coloring page in 9/10 trials with minimal assist within 6 months.

Patient will improve sensory integration for object recognition and manipulation by accurately identifying objects in a bag by touch alone in 7/10 trials with minimal assist within 6 months.

**Use these goals only as a template or reference for goal development. Goals must still be personalized and specific based on patient needs.*